



SIMPLIFY TO AMPLIFY | WEEK THREE – MOTIVATION

PHYSICAL SPACE	MENTAL SPACE	EMOTIONAL SPACE



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WHAT IS YOUR WHY? IDENTIFYING YOUR MOTIVATION		GOAL STATEMENT	
FOR WHAT REASON DO YOU WANT TO COMPLETE ALL THE THINGS ON YOUR LIST?			
	A		ANSWER BECOMES B
FOR WHAT REASON DO YOU WANT TO...	A		ANSWER BECOMES C
FOR WHAT REASON DO YOU WANT TO...	B		ANSWER BECOMES D
FOR WHAT REASON DO YOU WANT TO...	C		ANSWER BECOMES E
FOR WHAT REASON DO YOU WANT TO...	D		ANSWER BECOMES F
FOR WHAT REASON DO YOU WANT TO...	E		ANSWER BECOMES G
FOR WHAT REASON DO YOU WANT TO...	F		ANSWER BECOMES YOUR GOAL STATEMENT